

Dear _____,

I want to share something personal and let you to know that I identify as (LGBTQA).

I understand that you might need some time to process this information, but please remember I am the same person now that I have always been. I plan on being patient with you for a time because I understand you are just becoming aware of something I've known. I hope you will be understanding of what it takes for me to vulnerably share this part of my life. I don't want to hide anymore.

We don't have to have all the questions answered and concerns addressed today. There is a lot of support out there for us all.

Thank you for reading this. You are special to me and I want very much to have an honest relationship with you. Let's continue to discuss this over time. I want to transition into this reality together.

Love,
